

Wrapped in Apricity



December 2024 Newsletter

Dear Friends,

As the holiday season approaches, many of us look forward to wrapping gifts for our friends and loved ones. It's a time for thoughtfulness and care, as we choose the perfect gift with each in mind.

At Apricity, we take a similarly thoughtful approach to caring for our program participants. You could say they're wrapped in our care, thanks to your year-round generosity and belief in our mission.

Your support is making a real difference. Our participants regularly exceed their goals, bringing healing not just to themselves, but to their families as well.

However, the demand for our specialized care is growing rapidly. Our average wait time for Residential Treatment has now nearly doubled to 3 to 5 weeks, which is concerning. This delay can be the critical difference between finding a safe, supportive environment for recovery and facing a dire situation. We are dedicated to addressing this urgent need and are actively collaborating with our board and community partners to develop effective solutions.

Your support helps us reach even more individuals like Jackie, Velda, Nick, and Andy, whose stories you can read inside this newsletter. Thank you for being a vital part of our mission, and have a wonderful and blessed 2025!



Best wishes for the New Year,

Michelle Devine Giese
Apricity CEO

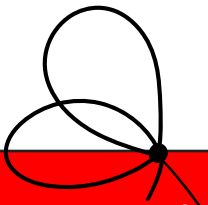
P.S. Follow @apricityservices on social media for more recovery success stories to inspire you!



Apricity thanks
**Green Bay Innovation Group and
Roger and Lynn Van Vreede Charitable Trust**
for their **COMBINED YEAR-END
MATCHING GIFT CHALLENGE OF \$15,000!**

Please Join the Challenge **TODAY**
and **DOUBLE YOUR IMPACT** now through
January 15, 2025
with a gift to support the needs of those in
Apricity's care. Use the enclosed envelope or
visit apricityservices.com and click **DONATE**.

Your generous gift will help provide basic
needs, treatment, and recovery support
services for the more than 1,100 people
who annually seek help for substance use
disorders at Apricity. **THANK YOU!**



**OUR MISSION: Apricity provides
those impacted by substance use
disorders a full spectrum of care
including treatment, employment
and support services in a safe,
progressive recovery community.**

Unwrapping What's New at Apricity



The Daybreak Project – Support for Loved Ones of Those Facing Substance Use Disorders (SUD)

We're excited to now be running The Daybreak Project, a supportive space for friends and family of those affected by SUD. This informal group is designed to offer understanding and connection without any commitments or fees. Whether you join regularly or just once in a while, you're welcome here.

Online meetings are held the 4th Wednesday of each month (3rd Wednesday in November and December) from 6-8 pm. For details or to request the meeting link, visit apricityservices.com and search "Daybreak."

Recovery 180 Mobile App – Your Recovery Coach, Anytime, Anywhere!

Have you heard about our Recovery 180 mobile app? It's your personal guide to recovery, right at your fingertips! Developed in collaboration with WisHope and the WI Dept. of Health Services, this innovative app offers a statewide directory of recovery resources, customized to your location. No matter where you are, finding support has never been easier! Even better, you can connect with a recovery coach instantly through chat, phone, or video. Whether you need guidance, motivation, or just someone to talk to, help is always just a tap away.

Backed by Apricity's and WisHope's expertise, Recovery 180 tailors coaching and care to meet you where you are in your recovery journey. Scan the QR code or find us in your app store—download today and start your path to recovery!



Wrapped in Apricity's Programs



Art in Recovery

This beautiful piece was created by a residential treatment client as part of the *Art in Recovery* program. For those on the path to healing, creative expression offers more than just a sober activity—it's a way to explore emotions, rebuild self-confidence, and discover joy in new, healthy outlets. Art reminds clients that they can still have fun, experience fulfillment, and reconnect with themselves, all while staying grounded in their recovery journey. This creation was a birthday present for the client's niece who loves butterflies.

Let your Holiday Spirit Set Sail

Dr. Eric Smiltneek and Steve and Sara Eliason from Adventure Associates/International Youth Sailing of Oshkosh took Sober Living (SL) participants sailing in August. By the end of the lesson, Apricity's crew was navigating their journey!

Recovery-friendly activities create community, teamwork, and stronger relationships that help people along their recovery journeys, providing support much like a trusted crew. SL participants are ready to sail into a new year!



The Gift of Recovery

All of Apricity's programs are designed to meet people wherever they are on their personal recovery journey.

Apricity's Residential Treatment (ART) includes both intensive and transitional residential, as well as semi-independent living treatment.

Apricity's Contract Packaging (ACP) is a recovery-supportive job training employment program.

Sober Living (SL) is a safe, recovery-supportive housing program.

Peer Recovery Programs (PRP) include recovery coach training and support services for the community.

Andy Got His Confidence Back

"I came to Apricity to get help for my drug and alcohol addictions. Prior to that, I chose drinking and drugs to bury my emotions about things that had happened to me.

I have been part of Apricity's programs since January 2023. The added support of Apricity's Recovery Coaches means you always have that one person you know will be there for you. They listen when you talk about your cravings and give you rides to support meetings. It's a good feeling knowing someone cares enough to see how you are doing.

I just completed the training and am now a certified recovery coach, because I want to help others like my coaches helped me.

Since going through Apricity's programs, **I have confidence again. I look at myself in the mirror and I like what I see. Good things can happen, and you'd be amazed at how quickly things can change – it's incredible!**

- Andy, ART ACP, and SL participant, Apricity staff member

"Coming to Apricity was the best decision I've ever made.

I built a healthy support system, repaired relationships with my family and really found myself."

- Jackie, ART, ACP and SL participant



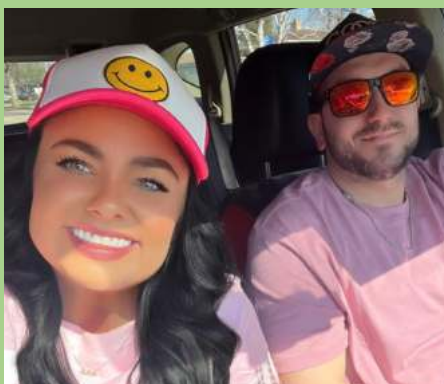
"Apricity has helped to strengthen my confidence and my work ethic. I look forward to coming to work.

Apricity's Contract Packaging has made a difference in every aspect of my life."

- Velda, ACP participant

"Apricity taught me useful coping skills and gave me tools to maintain strength throughout my recovery journey. This opened the door for me to join Apricity's staff. Here I show clients **RECOVERY IS POSSIBLE and all the good that comes with it."**

- Nick, ART and ACP participant, Apricity staff member





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1010 Strohmeyer Drive
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Wrapped in Love: Apricity's In-Kind Needs

- 📦 Valley Transit bus passes
- 📦 Any men's clothing - Small and Medium
- 📦 Cold-weather women's clothing (sweaters, sweatshirts, fleeces, jackets) - XL, 2X, and up
- 📦 New undergarments for men and women, all sizes
- 📦 Towels (bath, hand, washcloths) in good condition
- 📦 Combs
- 📦 Fidgets/sensory tools/stress balls
- 📦 Crosswords, word searches, other puzzle books
- 📦 DVDs (PG-13 or under)
- 📦 Adult coloring books
- 📦 Craft kits: diamond art, cross-stitch, etc.

Donations may be dropped off Mon – Thurs, 8AM – 3PM at 1010 Strohmeyer Dr. in Neenah. Thank you!

Special thanks to our match sponsors:



Roger and Lynn
Van Vreede
Charitable Trust



**DOUBLE THE IMPACT OF YOUR
YEAR-END GIFT TO APRICITY!**

**GIFTS MATCHED UP TO \$15,000
THROUGH JANUARY 15, 2025!**

GIVE ONLINE AT: apricityservices.com
MAIL: 1010 Strohmeyer Dr., Neenah, WI 54956



*Scan to support Apricity and
DOUBLE your donation!*